

10 warning signs of alzheimer's disease

alzheimer's  association®

KNOW the
10 SIGNS

EARLY DETECTION MATTERS

- 1 Memory changes that disrupt daily life
- 2 Challenges in planning or solving problems
- 3 Difficulty completing familiar tasks
- 4 Confusion with time or place
- 5 Trouble understanding visual images and spatial relationships
- 6 New problems with words in speaking or writing
- 7 Misplacing things and losing the ability to retrace steps
- 8 Decreased or poor judgment
- 9 Withdrawal from work or social activities
- 10 Changes in mood and personality

If you or someone you know experience any of these warning signs, please see a doctor.

For more information, call 877 - IS IT ALZ (877.474.8259) or visit alz.org/10signs.

